2023–2024 Handbook



www.MHLVDANCE.com



2023–2024 Schedule

August 27-June 9 Last day of classes Thursday, June 6, 2024

We are closed on these dates: September 3-4: Labor Day Weekend September 17-18: Rosh Hashanah September 24-25: Yom Kippur October 1-8: Sukkot & Simchat Torah December 7-14: Chanukah December 22-January 2: Winter Break February 18-19: Presidents Day Weekend March 21-24: Fast of Esther & Purim April 21-May 1: Passover Memorial Day Weekend: May 26-27 June 9: Recital Day!



MHLV Dance's Mission Statement: It is our mission to instill a great love of dance in a modest environment, while inspiring selfconfidence, discipline, and respect for the performing arts. Our goal is to give each dancer the tools they need to take dance as far as they dream to take it.

All recitals or performances created by MHLV Dance will be for **women and girls only** in accordance to Jewish law. This is in order to create a space where girls can feel comfortable expressing themselves freely. Although we aim to cater to the needs of Jewish women, dancers do not have to be Jewish to be a part of our dance studio.

Migg Elizhera

Founder, MHLV Dance

All Inclusive Pricing

Students will be charged on the 10th of each month via Dance Studio Pro over 10 months, August-June. All families must have a current credit or debit card on file and must be signed up for auto-pay. See Terms and Conditions for more detail.

\$30 - Annual registration fee per student, maximum \$50 per family

29 Classes (Sundays) \$78.80 every 4 weeks for a 55 min class once a week

31 Classes (Mondays) \$83 every 4 weeks for a 55 min class once a week

36 Classes (Tuesdays & Wednesdays)

\$94 every 4 weeks for a 55 min class once a week \$87 every 4 weeks for a 45 min class once a week

35 Classes (Thursdays) \$92 every 4 weeks for a 55 min class once a week

2nd Class is \$10 off, 3rd class is \$15 off, 4th class is \$20 off your monthly tuition

Drop in classes

\$25 a class Recital Fees are included

What does this mean? Your recital fees are included in your monthly tuition. Recital fees include your costume, tights, hair piece and helps cover all recital expenses: theater rental, light & tech, backstage labor costs, aerial rigging, professional photography, professional videography, playbill, stage managers, instructors, assistants, etc.

Terms and Conditions

Registration Fee: In order to attend any class at MHLV Dance, a \$30 registration fee is required to be paid for each student, maximum \$50 per family. One registration is for one student only, and cannot be applied to siblings, spouses, children, friends, parents, et cetera of a registered student. This fee is non-refundable, holds a student's place in class, and covers insurance and administrative costs.

At MHLV Dance, dance classes are charged every 4 weeks on the 10th of every month via Dance Studio Pro over 10 months, from August-June.

Why are tuition payments all the same when some months have less classes?

Tuition payments are based on the number of classes given per year, and then divided equally among the months that there are classes. This way instead of paying more for months that may have 4 or 5 classes or less for months that have 2 or 3 classes, you are paying an equal amount every month.

Class Prices: This is the amount you will pay every month (August through June) for your student's classes. This price includes most things that are usually considered "extras". This means that instead of some month's payments being higher, all payments will remain the same amount for the whole year.

Students that register after the month of August will have their first month's tuition adjusted accordingly to account for the recital and registration fees.

All drop-in and class purchases and payments are final and non-refundable. Classes can not be shared with another individual.

Online payment is required. Automated online payments can be made through our website (<u>www.MHLVDANCE.com</u>). A fee of 3% will be applied to each transaction. Makeup classes can be taken within the same month of the missed class at any other class appropriate for the students age and level that has space.

Spring Recital

Part of dance training includes learning through performance. The experience of performing helps build selfesteem and confidence. Participating in rehearsals helps children develop retention skills, teamwork, and adaptability. We're going to have a GREAT show and we look forward to sharing it with you!



Save the Date!

Our end of the year recital will likely be on Sunday, June 9th, 2024 at the Wortham Theater. Our recital fee is included in our all inclusive monthly pricing. This includes your costume, tights, professional video & professional dress rehearsal photos. **Our recital is for Women and Girls only**. Dress Rehearsal will be on the same day at the Wortham Theater with a break in between. Tickets to see the show will be around \$25 per person. Recital shirts, flowers and studio portraits will be available for sale and are **optional**. The date and theater are subject to change.

Class Etiquet

CLASS ARRIVAL

O1 Students should arrive 5 minutes before class. 5 minutes early is on time, on time is late! We will always begin class at the scheduled time. Please be on time for pickup after class, as well.

All students are asked to be polite,
courteous and respectful to all instructors, fellow students, staff and parents.

O3 All students must wear appropriate dance attire to each class (see list of class uniforms). No sweaters or jeans allowed after warm up.

O4 Students' hair MUST be worn in a bun or pony. Short hair should be securely pulled back.

- O5 NO FOOD (especially gum) allowed in ANY part of the studio.
- O6 Jewelry is not permitted in class except small stud earrings.
- O7 Classes are drop off only. Please do not interrupt your child's class, or open the door while class is in session.
- O8 If your child will not be able to attend a class, please notify the studio via email.



Please be sure your child uses the
restroom BEFORE class begins. We do
have a bathroom in the studio, but we
do not want time wasted with
bathroom breaks.

Students must ask the teacher's

- 10 permission before leaving the classroom at any time.
- 11 No touching the mirrors, they are delicate.
- 12 No hanging or sitting on the barres.

Please be as punctual as possible, we

13 do not want any students missing valuable class time.



Our uniform is mandatory. Wearing the proper attire not only makes you look and feel like a dancer but also allows the instructor to see your form and positions best.

Class Attire for Ballet Ages 3-10

Black leotard • Pink footed ballet tights • Ballet shoes • Hair in bun• Dance Bag (to keep shoes in for class)

Jazz Ages 10+

Ballet tights or black leggings • Black Leotard • Tan Jazz Shoes• Hair in bun or pony • Dance Bag (to keep shoes in for class)

<u>Hip Hop</u>

Comfortable top, pants/leggings, sneakers

Contemporary

Form fitting top or leotard, leggings or tights, Jazz, ballet or lyrical shoes.

Aerial Silks

Leggings and a comfortable top. Barefoot only and all jewelry should be removed. No jeans, sweaters or anything with zippers.

Gymnastics & Acro

Barefoot, leotard, shorts or leggings. Hair must be pulled back.

Girls dance attire can be purchased at Target, Walmart, Amazon.com and Discount Dance Supply

Spring Schedule 2023

Sunday	Monday	Tuesday	Wednesday	Thursday
Acro Littles 9:00-9:55 a.m. Ages 4-6 Alyssa	Intro to Aerial Silks 4:00-4:55 p.m. Ari	Adult Aerial Silks 9:00-10:00 a.m.	Pre-Ballet 4:00-4:45 p.m. Ages 3-5 Maxine	Adult Ballet 9:00-10:00 a.m. Kalyssa
Acro I 10:00-10:55 a.m. Ages 7+ Alyssa	Beg I Aerial Silks 5:00-5:55 p.m. Ari	Girls Hip Hop I Ages 7-11 5:00-5:55 p.m. Lauren	Ballet I 4:45-5:40 p.m. Ages 5-7 Maxine	Intro to Aerial Silks & Hammock 4:30-5:25 p.m. Lindsay
Acro II & III 11:00-11:55 a.m. Ages 9+ Alyssa	Beginner I Aerial Silks 6:00-6:55 Ari	Girls Hip Hop II Ages 12+ 6:00-6:55 p.m .Lauren	Ballet II 5:45-6:40 Ages 8+ Maya	Aerial Essentials Mix! (All apparatuses) 5:30-6:25 p.m. Lindsay
Beg I & II Aerial Silks 12:00-12:55 p.m. Ages 8+ Alyssa	Jazz I 7:00-7:55 p.m. Maya	Jazz II Ages 10+ 7:00-7:55 p.m. Maya	Beg II & Intermediate Aerial Silks 6:45-7:40 Ages 9+ Reagan	Lyra I 6:30-7:25 p.m. Lindsay
Boys Hip Hop 5:00-5:55 p.m Parker		Contemporary Teen/Adult 8:00-9:00 p.m. Maya	Intermediate Aerial Silks 7:45-8:45 p.m. Reagan	Lyra II 7:40-8:40 p.m. Lindsay

OUR TEAM



LINDSAY MAXFIELD Aerial Silks, Hammock, Static Trapeze & Lyra



ELISHEVA GOLAN Studio Director



ELISHEVA GOLANI REAGAN LYNCH

Aerial Silks



KALYSSA LAUER Ballet



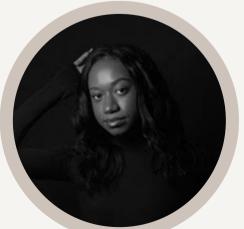


LAUREN MARCUSMAXINE SILBERSTEINHip HopBallet



ALYSSA MARTIN Acro & Aerial Silks





ARI GUIDRYMAYA PARKERAerial Silks & LyraBallet, Jazz, Contemporary

Let's Get Dancing!

We hope this information packet will help assist in any basic questions you may have regarding our program! As always, feel free to reach out to me if you have any additional questions, concerns or comments! We're here for both the students and the parents!

Miss Elisheva & Staff

COMMUNICATION

CONTACT DETAILS MHLVDance@gmail.com

OFFICE HOURS

M - F 9:00 am - 2:00 pm

WEBSITE

www.MHLVDance..com

SOCIAL MEDIA

@MHLV_dance

